



Lesson Plan: - 1ST AID BBORN PATH/CPR/AED
(Time Agenda: 1 Day – 6 Hours or 2 Days – 6 Hours)

100% Attendance is required

COURSE DESCRIPTION: This course includes instruction of adult for rescue breathing, airway obstruction, and one and two man Cardiopulmonary Resuscitation (CPR), AED, standard first aid and bloodborne pathogen training. Topics covered are: obstructed airway, rescue breathing, cardiopulmonary resuscitation, injuries (soft and hard tissue), bleeding, burns, emergencies, splinting, sudden illness, choking, emergency response, universal precautions, personal protective equipment, muscle injuries, medical emergencies, heat and cold related illness and injury and the use of an AED. Students will be instructed to use breathing devices, specifically the pocket mask. This course is certified by the American Safety and Health Institute.